



2024

IMMERSION & TRAINING PROGRAMMES



MDIS

Management Development & Consultancy
The Corporate Training Arm of MDIS

ABOUT MDIS

Founded in 1956, the Management Development Institute of Singapore (MDIS) is one of Singapore's oldest not-for-profit professional institutes for lifelong learning. MDIS has two main subsidiaries: Management Development Institute of Singapore Pte Ltd which oversees its Singapore academic operations, and MDIS International Pte Ltd which focuses on MDIS' globalisation strategy.

MDIS offers internationally-accredited courses in Business and Management, Engineering, Fashion and Design, Health and Nursing, Health Sciences, Technology, Languages and Education, Life Sciences, Media and Communications, Psychology, Tourism and Hospitality Management and Safety and Environmental Management. These programmes are offered in collaboration with renowned universities in the United Kingdom and the United States of America. MDIS also has a proven track record of preparing students to excel in the Singapore-Cambridge General Certificate of Education (Ordinary and Advanced Levels), Cambridge International General Certificate of Secondary Education (IGCSE) and Cambridge International Lower Secondary, through its comprehensive preparatory courses.



AWARDS AND CERTIFICATIONS

MDIS is EduTrust certified, attesting to its commitment to exemplary education and business excellence standards. The institute was first awarded the certification in 2010 – subsequently renewed it for four years in 2014, 2018 and 2023. MDIS was also one of the first Private Education Institutions (PEIs) to be registered under the Enhanced Registration Framework.



Cert No: EDU-2-2016
Validity: 30/03/2023 - 29/03/2027



CERT NO.: 97-2-4767
ISO 9001: 2015

The institute achieved a double win at the Singapore Prestige Brand Award (SPBA); it was one of four winners as well as the overall winner of the SPBA - Heritage Brands 2018. In 2017, MDIS was ranked 4th in the Enterprise 50 Awards for its contributions in spurring Singapore's economy. In 2019, MDIS had successfully transited from Singapore Service Class to Singapore Quality Class (Service) and is honoured to be one of the winners for the Corporate Merit Award at the Biennial Singapore Health Award.

Continuing with its long-standing tradition of giving back to society, the MDIS Education Trust Fund (inaugurated in 1999) supports deserving students facing financial difficulties in pursuing their education in Singapore. To date, MDIS has awarded more than 8,000 scholarships and bursaries totalling S\$6.3 million. The institute also actively supports several charities and provides community assistance in reaching out to the young, elderly, and disabled. Equally vested in corporate-level training, MDIS' corporate training arm, the Management Development and Consultancy, was set up in 1995 to cater to the training needs of the workforce. In 2014, MDIS acquired the Service Quality Centre to diversify its offerings in training solutions across the region.

Apart from the main Singapore campus, MDIS has international campuses in Tashkent, Uzbekistan, Johor, Malaysia, and Dushanbe, Tajikistan. MDIS also has representative offices in India and Indonesia, as well as agents throughout Southeast Asia.





ABOUT MDC

The Management Development and Consultancy (MDC) is the corporate training arm of MDIS. Since its establishment in June 1995, MDC has played a pivotal role in helping organisations meet their needs. Today, we offer a wide range of well-designed programmes that are curated for companies of sizes with unique training needs.

OUR TRAINERS

MDC Associate Trainers are experts in their fields, offering high levels of service. They undergo a rigorous interview process before being accredited by MDC. All our associate trainers are required to be highly qualified with relevant industry experience; they are subjected to regular peer assessments, and continual audit and evaluation. A rigorous internal assessment is integral to our quality control. The MDC training division is ISO 9001:2008 certified; both internal and client procedures are subjected to independent external audits.

OUR KEY SERVICES



STUDENT IMMERSION PROGRAMMES / MOBILITY PROGRAMMES



EXCHANGE PROGRAMMES



TRAINING PROGRAMMES FOR PRINCIPALS AND TEACHERS



SUMMER CAMPS / WINTER CAMPS



CORPORATE TRAINING



SHORT COURSES

IMMERSION PROGRAMMES AND WORKSHOPS FOR STUDENTS



Young Learners' Immersion ESL Programme

Immersion ESL programme is specially designed for young learners aiming to enhance their English language skills, boost confidence and improve communication abilities. Through engaging activities, interactive games, and creative projects, we offer a dynamic and supportive environment that encourages active participation and fosters language development.



English Language for Career Development

English for Career Development is designed to equip students with the language and communication skills necessary for success in the professional world. This course focuses on enhancing students' English language proficiency, enabling them to excel in various aspects of their careers, from job interviews and presentations to effective workplace communication.



Maths / Science / Chinese Immersion Programme

A hands-on workshop to explore Singapore government school subjects, to experience Singapore's education system, pedagogy and curricula.



How to Prepare a Mocktail (Workshop)

Whether it is for a hobby or as a profession, you can learn how to mix mocktails like a professional with our five-time National Cocktail championship Trainer (Student Category) in a realistic bar within a luxury training restaurant set-up at MDIS Campus. Learn about the types of beverages, bar terminologies, glassware, the art of mixing common mock tails and cocktails, garnish preparation and even the opportunity to create your own concoction too.

This workshop uses a combination of presentations, demonstrations and practical lessons to equip participants with the fundamental knowledge and practice.



Western Dining Etiquette (Workshop)

This workshop introduces the types of restaurants in Singapore and common menu and table set-ups. Other key areas include dining manners, napkin etiquette, dining styles, handling of beverages and even management of mishaps.

This workshop embraces a combination of presentations, demonstrations and actual practice during a three-course meal in a luxury restaurant setting to introduce participants to relevant restaurant terminology and the essentials of Western (Continental European and American) dining etiquette to project a confident and professional image in various dining settings.



Latte Art (Workshop)

The Latte Art Workshop offers participants an immersive experience into the world of coffee artistry, focusing on the intricate skill of creating beautiful designs atop a latte or cappuccino. This hands-on workshop provides a comprehensive introduction to the different techniques, equipment and artistic principles necessary to master this captivating form of coffee presentation.

Attendees will comprehensively understand the techniques and artistic principles behind creating stunning latte art. They will leave with the confidence and skills necessary to transform a simple cup of coffee into a visual masterpiece, making them well-equipped to pursue latte art as a hobby or potentially as a professional barista.



How to Craft a Gift (Workshop)

Upon completing this course, learners will be proficient in creating realistic fabric roses through hands-on experience, demonstrating good craftsmanship in their work. Learners can assemble the crafted roses into aesthetically pleasing arrangements, showcasing their creativity and attention to detail. Learners can tailor their DIY rose gifts to suit various occasions and personal preferences, adding a personalised touch to their creations.

Through this experience, learners will gain confidence in their creative abilities and feel empowered to craft heartfelt gifts for friends and family on special occasions.

Learners will hone their problem-solving skills related to crafting and how they can creatively solve common issues that may arise during the gift-making process. Overall, this DIY rose gift-making session will equip participants with practical skills to create meaningful, customised gifts for their loved ones.



Designing a Fashion Collection (Workshop)

This course aims to familiarise participants with the fashion design process. Experienced fashion instructors will guide learners through an introductory exploration of the entire fashion design journey. The course will cover essential fashion illustration methods, focusing on the nine-head body figure.

With instructions on mind-mapping and brainstorming, the course emphasises one's critical thinking abilities, with instructions on mind-mapping and brainstorming techniques. Upon completing the course, participants will attain proficiency in basic drawing techniques, fashion illustration and a foundational understanding of key fashion design processes.



The Art of Draping (Workshop)

This course will introduce learners to the art of draping fabrics and enhance their understanding of garment construction and design. Qualified Fashion lecturers will be part of the process to educate learners on the theoretical approach to draping. This objective aims to provide participants with a solid introduction to draping, equipping them with essential skills to explore fundamentals in fashion design and apparel construction.



3D Fashion Design Software (Workshop)

By the end of the "Fundamentals of 3D Fashion Using Browzwear" course, participants will comprehensively understand 3D fashion design and visualisation using Browzwear software. Throughout the course, participants will master Browzwear Software, develop proficiency in operating Browzwear and gain familiarity with its interface, tools, and features, including:

Digital Garment Creation: Learn the essential techniques for creating 3D digital garments, including pattern making, fabric selection, and virtual sewing.

Fit and Visualisation: Learn how to achieve accurate virtual garment fit, drape and movement, allowing for realistic simulations and visualisations.

This course aims to equip participants with the knowledge and practical skills needed to excel in 3D fashion design using Browzwear, making them valuable assets in the fashion and apparel industry.



Fashion 101 for Acing a Job Interview (Workshop)

In this workshop, participants will be able to understand their body shape better and learn ways to style themselves for job interviews. The session will emphasise the importance of professionally dressing up for a job interview and offer case studies of a good and bad body image.

The workshop will include a group consultation and role play for participants.



Fashion Styling for Different Body Types and Image Consulting (Workshop)

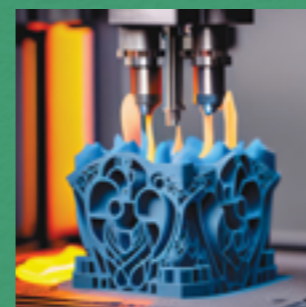
To help participants understand their body shape better and learn ways on how to style themselves according to their body shape. The session will also emphasise on the importance of dressing up for different occasions and events.



Build Your Own Solar Powered Charger (Workshop)

Solar energy is an eco-friendly, sustainable, and accessible solution, particularly in areas with limited access to electricity. Moreover, harnessing the sun's energy promotes clean energy and reduces environmental impact such as carbon footprint.

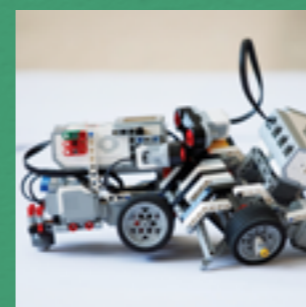
Tired of carrying a bulky battery bank to charge your mobile phone every day? In this workshop, you will learn secrets to harness the power of renewable and solar energies. We will also walk you through the process of building pocket-sized solar panels, which you can bring back to charge your mobile phone, battery bank, etc. Let's get started on sustainability and self-sufficiency for a greener future.



3D Printing: From Idea to Reality (Workshop)

We generate ideas every day. Through 3D printing technology, we can facilitate the realisation of our ideas without going through the tedious process of achieving them as an end product. This hands-on interactive workshop will provide participants with the opportunity to understand how to generate, design and produce their products.

Students will explore and understand the technology, concepts and processes of 3D Printing from idea to printed end product. Upon completion, participants will be able to understand and differentiate different types of 3D printing technologies and bring home their 3D printed designs.



LEGO Robotics & Coding (Workshop)

Encourage hands-on motor skills through robot construction:

1. Practice eyes and hand coordination
2. Elevate observance during part searching

Develop Socio-emotional skills through working with partners

- Instil logical thinking through robot and coding
- Impart Problem Solving skills through correcting own mistakes during robots construction & coding
- Inspire creativity through robot challenges and missions



DNA Finger Printing (Workshop)

DNA fingerprinting is a laboratory chemical method used to identify an individual from a sample of DNA by looking at unique patterns in their DNA. DNA fingerprinting can be applied to a variety of situations including criminal investigations and for forensic purposes, establish paternity and parentage, study biodiversity of species, track genetically-modified crops, and even to identify genetic conditions for disease prevention and cure. This workshop will provide hands-on experience on DNA profiling methods, analysis of forensic samples, data interpretation and case reporting.

Students will develop practical lab skills and knowledge by working in the laboratory as well as have an appreciation for DNA restriction enzyme functions and its applications in genetic engineering. Students will also have the opportunity to:

- Use electrophoresis to separate DNA fragments
- Use standard curves constructed from their data to make precise determinations of DNA fragment sizes
- Read plasmid maps and predict the sizes of DNA fragments from restriction enzyme digests prior to performing the laboratory activity
- Use restriction digest maps of lambda bacteriophage genomes to design novel plasmids
- Discuss scientific, ethical, and legal implications of forensics, DNA profiling, and genetic engineering



Bacterial Staining Technique (Workshop)

Bacterial cells are challenging to view under the microscope due to their need for colour and contrast. Researchers have been using several types of stains to make these cells visible. These staining procedures help study the morphology, dimensions, cell size and arrangement of bacteria, thereby enabling successful identification. The Gram staining method is one of the most commonly used procedures that help differentiate between gram-positive and gram-negative bacteria.

The training and supervision provided in the School ensures that the students learn the skills and adapt to the laboratory environment quickly. They are trained to work with the laminar airflow cabinet to prevent contamination during practical work. Students learn about agar media, aseptic techniques and microscopy. The microscopic studies include observing the stained bacterial cells under the lowest magnification objective lens initially and gradually progressing to the oil immersion technique, which helps increase the microscope's resolving power. The students find these sessions to be fascinating, as it improves their scientific knowledge and practical skills.



Business Management (Seminar)

The short-term programmes offered at the MDIS Business School (MBS) include business management, effective leadership, accounting, banking and finance, marketing, international business and e-commerce.



Media (Workshop)

The mass communications programmes offered are industry-focused and relevant to today's fast-paced media landscape. With MDIS' fully-equipped Radio and TV studios, as well as Audio and Video editing suites, students will have the opportunity to practise what they learn within their academic curriculum.



Singapore Multi-Culture and Education System (Seminar)

This course offers an in-depth exploration of the multicultural fabric and educational landscape of Singapore. Students will gain insights into the cultural diversity that defines Singapore, its educational policies, and their impact on the nation's development.



Healthcare and Nursing (Workshop)

The School of Health and Nursing (SHN) is a testament to MDIS's mission to provide globally recognised and competency-based programmes within the healthcare domain. The school trains nurses and healthcare professionals, enabling them to contribute meaningfully to the healthcare sector further.



Date to Success (Seminar)

In today's fast-paced world, setting specific timelines for your goals is crucial for personal and professional success. The "Date to Success" course is designed to empower participants with the skills and strategies needed to set, track, and achieve their goals within defined timeframes. Whether you are striving for career advancement, personal growth, or entrepreneurial success, this course will equip you with the tools to turn your dreams into achievable milestones.



SHORT COURSES

TRAINING PROGRAMMES FOR PRINCIPALS AND TEACHERS



Creative Pedagogy

This course explores the differences between presentation and facilitation. Equip teachers with the skills and knowledge to conduct lessons to encourage active and experiential learning by the students through a series of teaching strategies. This short course is suitable for academic teachers from all levels.



Facilitation & Assessment of Competence-Based Learning

This course is suitable for experienced TVET trainers and aims to equip technical and vocational education trainers with the ability to:

- Design instructional plans to facilitate learning through student-centred learning strategies.
- Design assessment specification, assessment tools and marking schemes for performance-based assessments.

Module 1: Design and Facilitate Competence-Based Learning

Module 2: Performance-Based Assessment



Singapore Multi-Culture and Education System

This course offers an in-depth exploration of the multicultural fabric and educational landscape of Singapore. Participants will gain insights into the cultural diversity that defines Singapore, its educational policies, and their impact on the nation's development.



International Audit Master class – Raising the Bar for Internal Audit in Universities

Internal auditing in universities plays a critical role in ensuring accountability, transparency, and effective governance. This masterclass is designed to equip internal auditors, university administrators and professionals in the higher education sector with advanced skills and knowledge to elevate their audit practices to international standards. Participants will explore best practices, regulatory requirements, and innovative strategies to enhance the efficiency and effectiveness of internal audit functions within university settings.



Enhancing Skills Acquisition & Vocational Training Certification for Tertiary Institutions

This comprehensive programme is designed to equip educators and administrators in tertiary institutions with the knowledge and skills necessary to enhance their skills acquisition and vocational training programmes. With a growing demand for practical and job-ready graduates, this course delves into innovative teaching methodologies, industry-aligned curriculum development and the establishment of effective certification processes. Participants will gain the tools to elevate the quality of vocational education and training within tertiary institutions.



Performance Management and Balanced Scorecard in Higher Education

In the dynamic landscape of higher education, performance management is of paramount importance to ensure institutional effectiveness and continuous improvement. This course is designed to equip educators, administrators and leaders in higher education with the knowledge and tools to implement a balanced scorecard approach for performance measurement and management. Participants will explore how they can align institutional strategies, set key performance indicators, and use data-driven decision-making to enhance the quality and outcomes of higher education institutions.



Fostering Global Citizenship

In an increasingly interconnected world, the importance of cultivating global citizenship in students cannot be overstated. This course is designed to equip educators, school administrators and anyone involved in shaping the future of students with the knowledge and strategies to foster a sense of global citizenship. Participants will explore ways to promote cross-cultural understanding, social responsibility and global awareness among students, preparing them to contribute positively to a diverse and interconnected global society.



Train the Trainer – Teacher Training in English

English language is a vital component in global education. English language teachers play a pivotal role in shaping the language skills of learners. This comprehensive programme is specifically designed to empower English language educators with the knowledge and pedagogical skills to excel in their roles as trainers. Participants will explore best practices, innovative teaching methodologies, and the latest trends in English language education to become exceptional trainers and mentors to their students.



CUSTOMISED TRAINING PROGRAMMES **FOR ADULT LEARNERS AND WORKING PROFESSIONALS**



Business Management /
Sustainability



Communication
(General)



Communication
(Spoken)



Communication
(Written)



Creativity & Innovation



Emotional
Intelligence



Financial Management



Human Capital
Management



IT Short Courses



Marketing



Personal Effectiveness
& Productivity



Risk Management /
ChatGPT



Sales



Service Excellence



Supervisory Management



Team Leadership

At MDC, we are all about the continual development and advancement of corporate skills for all working professionals. With an extensive range of short-term courses in both corporate training as well as leadership development to upskill yourself, you will be primed to fuel and support key growth sectors of Singapore's economy. We understand how important human capital is to organisations and enhance the capabilities of industry professionals through our short courses will help ensure that our workforce and industries are resilient, ready and raring to take on challenges.

